



Weekly Bulletin of The Jerusalem Rotary Club

Club # 13459, District 2490

12 October 2016



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Upcoming Programs

11 October Yom Kippour Eve

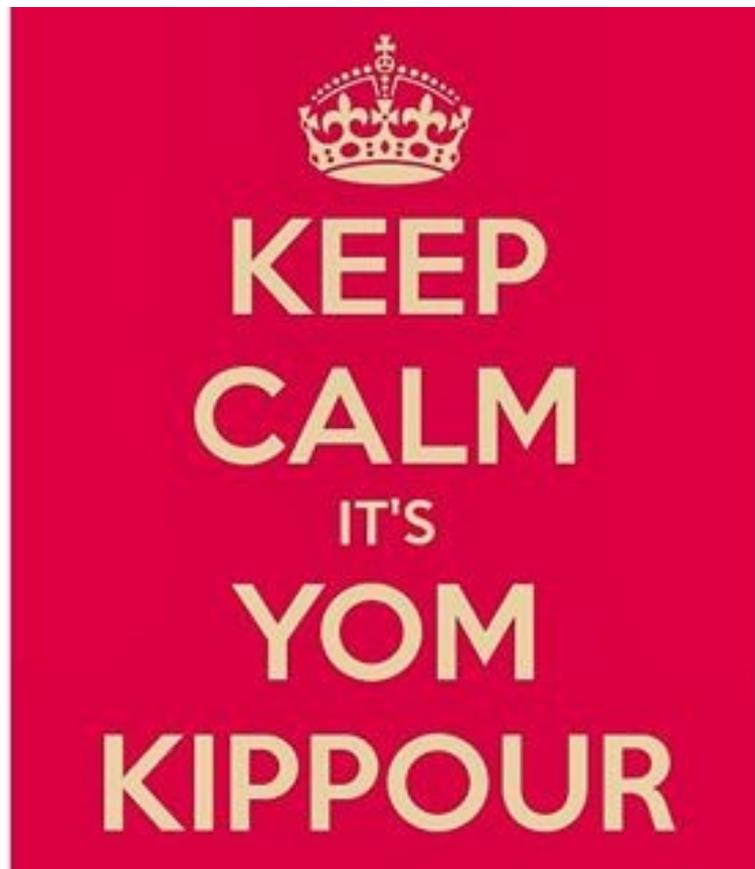
**12 October—Yom Kippour—
NO MEETING**

16 October—Succot Eve

19 October—Special Succot Out-
ing—From Home to Booth

Suggestions for speakers or
subjects for a talk or discus-
sion are welcome.

Please write to the Chair of
the Program Committee, Art
Braunstein, via the Contact
Form on our website.





From your Editor

Dear Friends,

This week the Bulletin will be without the International Toast, and being Yom Kippur, I hope you will all find it in your heart to forgive us for this.

I wish you all

Gmar Hatima Tova!

Rosa





Breaking the Yom Kippur Fast



This Tuesday evening, the 11th of October Yom Kippur begins. Last week I wrote about the meal that is made on that night. Today I shall write about the different ways Jews in some part of the world break the fast.

Challa or Honey cake with a cup of tea or coffee is universally popular. But, every family has a tradition, taken from their ancestors and also from where they come from.



In my home, we break the fast with slices of bread dipped in olive oil, salt, and pepper.

Jews from the Spanish-speaking parts of Morocco - Tanger, Tetouan, Alcazar, etc.. drink a concoction of Coffee and egg: The yellow of an egg is beaten with sugar. In a cup, they put a heaping tablespoon of the beaten egg and then slowly pour the very hot coffee stirring the liquid with the egg. Little cakes accompany this beverage.

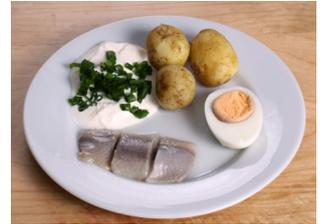
One Yom Kippur, I was invited by friends who were from Egypt. They broke the fast with delicious lemonade and little "roskitas".



Here are some excerpts of an article written by JTA / SYBIL KAPLAN - 10/07/2011

<http://www.jpost.com/Jewish-World/Jewish-Features/Going-around-the-world-to-break-the-fast>

Ashkenazim usually break the fast with something salty, like herring, because they believe fish restores salt lost by the body while fasting. Herring also was the cheapest fish in Eastern Europe, where the custom originated.



Some Eastern European Jews break the fast with a German sweet roll called "shnekem," from the German word for snails, because of its coiled shape. The yeast dough containing milk and sour cream is rolled out, brushed with melted butter and sprinkled with a cinnamon sugar, raisin, and nut filling then rolled up, cut into slices and baked.



Gil Marks writes in The World of Jewish Desserts that Central European Jews ate cheese kuchen, a coffee cake, for the meal following Yom Kippur. German Jews also ate "erstesternen," a cinnamon star cookie, so called because stars were the sign of the end of the fast day.



Zimbabwe Jews break the fast with juice, traditional rolls with oil called rusks, oil biscuits, and cheese. Sweets include almond and honey turnovers and sponge cake.





The Jews of South Africa, whose origins were in Europe, have "babke," a sweet milk bread with

almonds and raisins originating in Poland. They also drink soda water, milk or lemon tea. Later they have a meal starting with pickled herring and lemon fish.

Typical among South African Jews whose ancestors came from the island of Rhodes is breaking the fast with melon pip milk, bread with olive oil, sponge cake, honey and almond turnovers, and rusks.



Some Syrian, Iraqi and Egyptian Jews break the fast with cardamom coffee cake. Some Iraqis drink milk, then have the cake or a cardamom-almond cook-

ie called "hagadi badah,"

Pan dulce, a sweet yeast bread in loaf form or rolls, is served by some Sephardim before and after the fast, Marks notes in his book.



Marks also writes that the Jews of India for the meal following Yom Kippur have a semolina-filled turnover called "singara" or "kushli," and "sutlach," a

Middle Eastern rice flour pudding.

Some Yemenites break the fast with ginger cake or watermelon, then they drink coffee and eat cookies.



Edda Servi Machlin,

The author of the cookbook "Classic Italian Jewish Cooking," among others, recounts that her Italian family drinks vermouth and then eats a special, oval-shaped bread to break the fast. They then enjoy a meal with soup and pasta, chicken, fish, stewed fennel, cold noodles with sauce, sweet cakes, and fruit. Marks writes that Italians typically break the fast with "il bolio," an Italian sweet yeast bread.



Nicholas Stavroulakis, who wrote "The Cookbook of the Jews of Greece," relates that Greek Jews prepare interesting drinks to break the fast. One is made with grenadine; another with almonds; another with

lemons; and one has melon seeds, water, sugar and almond extract or rosewater.

Rachel Dalvin, who has researched about the Jews of Ioannina, Greece, shares the fact that these Jews broke the fast with avgolemono, chicken-lemon soup, and a variety of stuffed vegetables that were common in Turkish cookery and acquired because Turkey occupied that part of Greece for centuries.



Some Moroccan Jews break the fast with fijuclas, a deep-fried pastry soaked in sweet syrup. They may also drink arak, an

anise-flavored liqueur. Later they have coffee with milk, cake, and cookies. Still, later they have "harera," a special thick soup with chicken and ground vegetables.



KEEPING BUSY DURING THE HOLIDAYS



Words meaning "Beautiful"

L	S	T	A	T	U	E	S	Q	U	E	N	I	G
Y	T	T	E	R	P	N	C	C	A	R	S	G	N
G	G	E	C	R	E	G	H	L	L	G	E	N	I
N	N	N	L	E	O	S	A	C	L	O	T	I	N
I	I	I	A	S	E	T	R	U	U	R	I	H	N
L	H	V	S	P	T	I	M	T	R	G	S	S	U
Z	C	I	S	L	S	S	I	E	I	E	I	I	T
Z	T	D	Y	E	R	S	N	O	N	O	U	V	S
A	I	B	P	N	S	D	G	N	G	U	Q	A	M
D	W	O	N	D	E	R	F	U	L	S	X	R	G
G	E	A	I	E	T	N	A	G	E	L	E	O	U
C	B	T	R	N	T	H	A	N	D	S	O	M	E
G	E	U	C	T	N	S	U	B	L	I	M	E	N
W	L	A	P	P	E	A	L	I	N	G	L	A	V

- WONDERFUL
- CHARMING
- HANDSOME
- APPEALING
- STATUESQUE
- RESPLENDENT
- GORGEOUS
- STUNNING
- EXQUISITE
- DIVINE
- PRETTY
- SUBLIME
- RAVISHING
- DAZZLING
- ALLURING
- CLASSY
- CUTE
- ELEGANT
- BEWITCHING

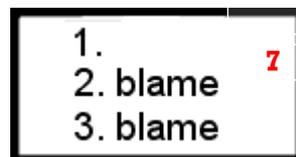
Play this puzzle online at : <http://thewordsearch.com/puzzle/119/>

ANSWERS TO PREVIOUS BULLETIN

- 1 Blue Moon
- 2 For Instance
- 3 Green Envy
- 4 Broken Promise
- 5 A friend in need

REBUS PUZZLES

ANSWERS IN NEXT WEEK'S BULLETIN





Happy Hour



Perfect Round?

Rabbi Ben Simmons was fed up with his congregation. So, he decided to skip the services on Yom Kippur, the holiest day on the Jewish calendar, and instead go play golf.

Moses was looking down from heaven and saw the rabbi on the golf course. He naturally reported it to God. Moses suggested God punish the rabbi severely.

As he watched, Moses saw the rabbi Ben Simmons playing the best game he had ever played. The rabbi got a hole-in-one on the toughest hole on the course and then again on the next hole.

Moses turned to God and asked, 'I thought you were going to punish him. Do you call this punishment?'

God replied, 'Who can he tell?'

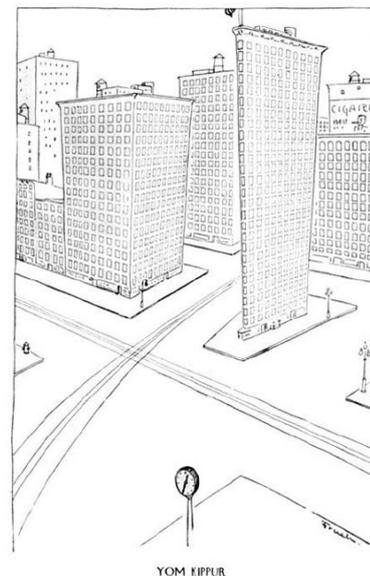


1928 cartoon, by Al Frueh, depicting the Flatiron building and its surrounding neighborhood.

Back then, the rapid growth of Jewish-owned businesses in New York made the cartoon relevant in a way that it's not today.

Through modern, politically correct eyes, the cartoon may seem anti-Semitic, but I don't see it that way. It just depicts the reality of those times, exaggerated for comic effect.

ROBERT MANKOFF



Jerusalem Rotary Club

Weekly Lunch Meetings are at the YMCA, 26 King David St, Jerusalem Wednesdays at 13:00. The last Wednesday of each month is a dinner meeting at 19:00.

Meetings are conducted in English.

Visiting Rotarians and other guests are welcome.

Luncheon/Dinner costs: NIS 75, students and lone soldiers: NIS 50, children under 18: NIS 30.

For Kosher meals please book in advance. For this and other enquiries please contact us through the Contact section on the website.

Please visit our website:

www.rotaryclubjerusalem.org

