



Weekly Bulletin of

The Jerusalem Rotary Club

Club # 13459, District 2490

16 December 2015

Club Officers

President:

P/ Yaron Amitai

Secretary:

R/ David Lilienthal

Treasurer:

P/P Eli Kenner

Immediate Past President:

P/P Nezar Tannous

President Elect 2016-17:

R/ Nuha Tannous

Board Members:

R/ Art Braunstein

R/ Geert Cohen Stuart

P/P Sandi Darmon

P/P Ruth Harris

P/P David Seligman

R/ Dan Shanit

R/ Nuha Tannous

R/Guido de Werd

P/P Kern Wisman

PDG Irene Lewitt (ex-officio)

Upcoming Programme

23 December Meeting:

Speaker: Claire Pfann

Academic Dean

University of the Holy
Land, Jerusalem

**"A Jerusalem Christmas
Story"**

30 December, Dinner:

Speaker: Dr. Moshe
Terdiman

Founding Director
Research on Islam and
Moslems in Africa (RIMA)

**"Terror Crescent Over
Africa"**

6 January Meeting:

Speaker: Mark Feldman
Zion Tours Ltd.

**"Tourism Forecast for
2016"**



This Week's Programme

Revital Yona

Neuro Therapist, BrainGames Clinic

"When the Brain Heals Itself"



Revital Yona was born and raised in a small community in the Northern Negev, and moved to Tel Aviv area as a teenager. She served in the IDF Intelligence Force and continued as a professional IDF.

After earning a BA degree in Psychology and East Asian Studies from the Hebrew University, she won a two-year scholarship from the Japanese Ministry of Education to study at a Japanese university. During that time, she



gave presentations about Israel and Judaism to local children and adults. Upon returning to Israel she graduated from the Tel Aviv University with an MA in Psychobiology (cognitive neuroscience).

Revital was then sent to the USA as an Israel Emissary by the Jewish Agency and did educational work centering on Israel and Judaism.

In the past few years, she has been working as a neurotherapist in the BrainGames Clinic for children and adults with Attention Deficit Disorders (ADD/ADHD) and other neuropsychiatric disorders using a non-medicinal method. She is also in charge of managing a project to develop special neuro-therapy software.

Revital now lives in Jerusalem and lectures on topics related to her past and present occupations and other fields of interest.





Hanukah Quiz

And the Winner Is...

After an informative and extremely interesting lecture, by Dr. Mooli Brog in which he categorically and definitively stated exactly where the Maccabean tombs absolutely are not, a quiz on the famed and heroic Maccabees was held, testing the Hanukah knowledge of the assembled members of the Club.

Questions, fiendishly devised by quiz master, P/Yaron Amitai ranged from which of the Maccabee brothers was crushed by an elephant to how many candles in total are lit during Hanukah.



First Place Winner and Hanukah Champion, Carry P., being presented her prize by P/ Yaron Amitai

2nd Place Winner David Lilienthal is presented with his prize by Raffle/Quiz Mistress Carry P.



District Event

District Governor's Tolerance Award 2015

The event will begin at 9:15 with registration in Beit Dagan, Shderot HaZionut 33, Haifa.

The morning program:

1. A musical welcome by a Jewish-Arab youth ensemble from the Leo Baeck School
2. Words of welcome
3. The ceremony honoring the recipients of this year's Shield of Tolerance Awards
4. 11:00-11:30 A light lunch
5. Tours of Haifa: Choose from among 3 separate tours (11:45-13:00). There is room for only 30 persons per tour so book early!

Cost: NIS 50.- per person

Details for registration and parking instructions etc. can be found on page 2 of the invitation document on the Club website:

<http://www.rotaryclubjerusalem.org/#!program---bulletin/b44bk>



Passuk

Guidelines for the Weekly "Passuk"

At the most recent meeting of the JRC Board, guidelines for selecting the weekly "Passuk" were revised and approved, as follows:

The "Passuk" can be taken from religious texts, literature, quotes by famous people, etc. It should:

- * Be witty
- * Have a universal appeal
- * Be pertinent to the events of the day, and unifying and uplifting in its nature
- * Avoid religious or political topics, in considerations of possible sensitivities of the diverse membership of the Club and/or guests and visiting Rotarians.
- * Be brief, not exceeding 3 minutes.

S/David L. ♣



International Toast

The Rotary Club of Soweto

Today, 16th December, South Africa celebrates the 20th anniversary of the establishment of the "Day of Reconciliation". It became a national holiday in 1994 after the end of apartheid, created with the intention of fostering reconciliation and national unity. The date was chosen because it was significant to both Afrikaner and African cultures.

For Afrikaners, 16 December was commemorated as the Day of the Vow; a religious holiday commemorating the Voortrekker victory over the Zulus at the Battle of Blood River in 1838. On the other side of the political spectrum, 16 December was the anniversary of the 1961 founding of Umkhonto we Sizwe ("Spear of the Nation"), the armed wing of the African National Congress.



In 1995 at the first celebration of the "Day of Reconciliation", President Nelson Mandela gave one of his most memorable and significant speeches.

"We, the people of South Africa, have made a decisive and irreversible break with the past. We have, in real life, declared our shared allegiance to justice, non-racialism and democracy..... The rainbow has come to be the symbol of our nation. We are turning the variety of our languages and cultures, once used to divide us, into a source of strength and richness. But we do know that healing the wounds of the past and freeing ourselves of its burden will be a long and demanding task..... Therefore, on this December 16, National Day of Reconciliation, my appeal to you, fellow citizens, is: Let us join hands and build a truly South African nation."

Since that first "Day of Reconciliation" in 1995 many new Rotary Clubs have been established in South Africa. among them was the **Rotary Club of Soweto**.

Made famous by the Soweto-Uprising in June 1976, the conglomeration of town-ships South-West of Johannesburg founded its own Rotary Club in 2001. One of 48 clubs in District 9300, the club meets every Thursday at 6.30 pm at the Hospice Soweto.

As part of its community service projects, the Soweto Rotary Club organizes, regularly, Family Health Days for the inhabitants of Soweto. These are three days of free health services include HIV testing and counseling, TB symptomatic counseling, diabetes and high blood pressure screening, as well as polio and measles vaccination.



Guido de W. ♣





Beware of Yids Bearing Gifts

The Gods of Byzantium smiled kindly on the twenty Rotarians, family and friends last Friday by providing a sunny Autumn Jerusalem day as they gathered under the palms on Safra Square before heading off to the New Gate of the Old City. Once inside the cobbled alleyways, Lenny Wolfe, who had organized the tour, took us into some of the hidden jewels that people, who are not familiar with the Old City's twists and turns, are most likely to miss.

The theme of the visit was the hidden Greek Orthodox courtyards and churches that remain anonymously behind the high walls and closed doors. The first courtyard that we entered acted as the ante chamber to the Church of

the two St. Demetrios. We were met by a smiling nun who graciously welcomed us into the church that was glowingly decorated with many icons. Lenny and Yaron explained the difference of the Greek Orthodox Church as compared to Catholic Churches both as to structure and service.

As the promenade continued to the churches of St. Michael Archangel and St. George, the enlightenment continued about the saints, their acts of bravery or virtue, but who all seemed to

meet a grisly end. Sadly both churches were locked but even though it was not possible to enter there was enough of interest on the outside, symbols, engraving and lintels, to keep the guides busy.

The plan to finish the walk with a visit to the Greek Orthodox Patriarchate unfortunately came to naught despite earlier assurances that it would be possible to enter. Disappointing but there is always a Plan B and we were taken to another hidden courtyard directly opposite the Church of the Holy Sepulchre. Besides Yaron's erudite explanations of the double headed eagle and the Greek cross he gave an introductory lesson on ancient Accadian with some of the words similar to modern Hebrew.

With the intellect well provide for it was time to nourish the inner man and woman. The rooftop restaurant in the Muristan was ideal for a light lunch with a fantastic view all bathed in the balmy sunshine. A good time was had by all and our thanks to Lenny for sharing his passion for the Old City and its hidden marvels.

David S. ♣





Happy Hour

After the Sufganiyot and Latkes

- * **I like long walks, especially when they are taken by people who annoy me.**
- * **I have flabby thighs, but fortunately my stomach covers them.**
- * **The advantage of exercising every day is that you die healthier.**
- * **If you are going to try cross-country skiing, start with a small country.**
- * **I don't exercise because it makes the ice jump right out of my glass.**
- * **You could run this over to your friends but why not just e-mail it to them.**
- * **It is well documented that for every minute that you exercise, you add one minute to your life. This enables you at 85 years old to spend an additional 5 months in a nursing home at \$5000 per month.**
- * **My grandmother started walking five miles a day when she was 60. Now she's 97 years old and we don't know where the hell she is.**
- * **The only reason I would take up exercising is so that I could hear heavy breathing again.**
- * **I joined a health club last year, spent about \$400. Haven't lost a pound. Apparently you have to show up.**
- * **I have to exercise early in the morning before my brain figures out what I'm doing.**



Contribution by Ruth H. ♣

Jerusalem Rotary Club

Weekly Lunch Meetings are at the YMCA, 26 King David St, Jerusalem Wednesdays at 13:00. The last Wednesday of each month is a dinner meeting at 19:00.

Meetings are conducted in English.

Visiting Rotarians and other guests are welcome.

Luncheon/Dinner costs: NIS 75, students and lone soldiers: NIS 50, children under 18: NIS 30.

For Kosher meals please book in advance. For this and other enquiries please contact us through the Contact section on the website.

Please visit our website:

www.rotaryclubjerusalem.org

Follow the Jerusalem Rotary Club on social media: (Press 'Control' and click on icon to go to site)

